



Main Aims and Methodologies

The project is based on the interaction between creativity expressed through narrative, old age and quality of life to break the stereotypes about age rooted in our society, and at the same time promote an assertive and pro-active view of old age and creative expression.



Literary gerontologists such as Amir Cohen-Shalev and Anne Wyatt Brown show that being actively creative in old age results in maintaining or even improving life quality. In the case of artists and writers, Cohen-Shalev and Wyatt Brown believe that creativity stops them from becoming an alarmist stereotype which links old age with the loss of intellectual faculties.

The project aims to affirm hypothesis that if literary creativity in older recognized authors results in a more positive outlook on age and a better quality of life, then the same should be observed in other

recognized authors of a similar age when critically analysing their works and paths in life comparing them with their own.